

Ecomap key

Connection type

-  Strong
-  Normal
-  Weak
-  Stressful

Energy flow

-  None
-  Out
-  In
-  Reciprocal

Categories

-  Family
-  Extended family
-  Friends
-  Work
-  School
-  Health care
-  Recreation
-  Spiritual
-  Neighbors
-  Social services
-  Online / digital
-  Other